

**Session 2—Activity #4**

**Parent Encouragement and  
Positive Comments!**

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Write an encouraging note or positive comment to yourself about something you did with your child this past week that you feel really proud about!

**Session 2—Activity #5  
Things to Try at Home!**

**Play as a Powerful  
Parenting Practice**



**Powerful Parenting Practice Tips:**

- Tip 1:** Follow your child's lead.  
Wait, watch, and then join your child's play
- Tip 2:** Talk, talk, talk! Talk about and describe what your child is doing while you are playing together.
- Tip 3:** Encourage your child's creativity and imagination.
- Tip 4:** Watch for cues that your child might be losing interest.
- Tip 5:** Avoid power struggles.
- Tip 6:** Have fun together!

**Your Play Goal for the Week**

What you did together	How your child reacted	Positive comment or encouragement that you used

## Session 2—Handout #6

Supporting Development  
of Friendship Skills**Before Play**

- Arrange for your child to play with 1 or 2 other children.
- Try to pick a play partner who has good play skills.
- Provide enough toys or materials to prevent the likelihood of sharing problems.
- Prepare your child for the playtime by talking about how to be “a good friend.” To make it fun, you can play “What would you do if....” games with your child to talk about things that might happen and what your child can do.

**During Play**

- Stay nearby so that you can help the children interact or come up with play ideas.
- Keep playtimes short until your child is able to play well without supervision.
- Remind the children to use their words when negotiating.
- Help your child see the other child’s perspective.

**After Play**

- Make sure your child knows all the things he or she did well during the playtime (deposits/ positive comments/encouragement). Let him/her know how he/she was “a good friend.” Be specific. For example, say, “You were being a good friend when you offered to help your friend with the puzzle.”
- Ask your child if he/she enjoyed playing and follow his/her lead in describing what happened during playtime.
- If the playtime went well, set another time for the children to get together again.
- If the playtime did not go well, talk to your child about some things he/she could do to make the next playtime better and review these before the next play session.

**Session 2—Activity #7**

**Encouraging Positive Behavior**



List behaviors you would like to see <b>LESS</b> of:	List behaviors you would like to see <b>MORE</b> of:	List ways to <b>ENCOURAGE</b> your child to use the behaviors you would like to see: